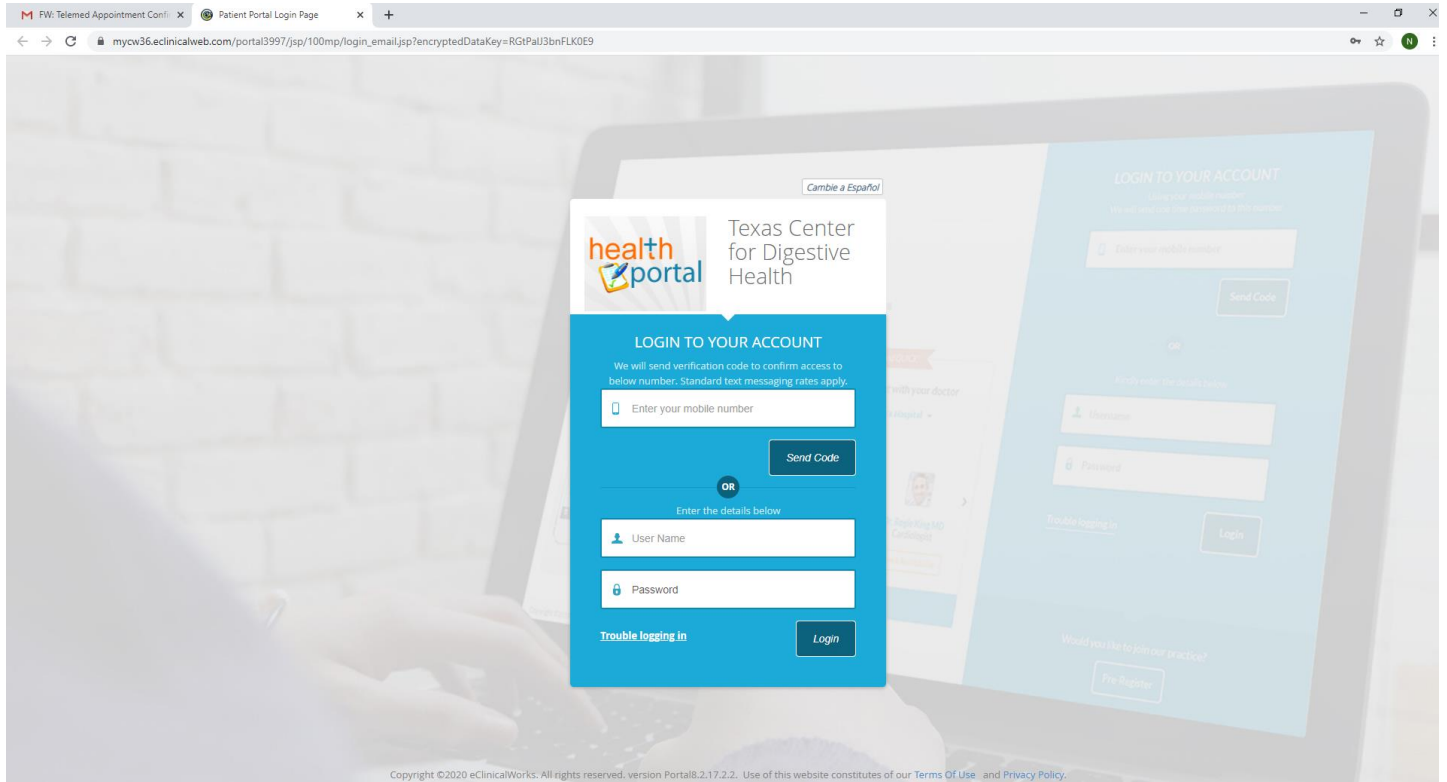


If you already have accessed the portal in the past

Go to <https://health.healow.com/txdigestive> and log-in with your information.

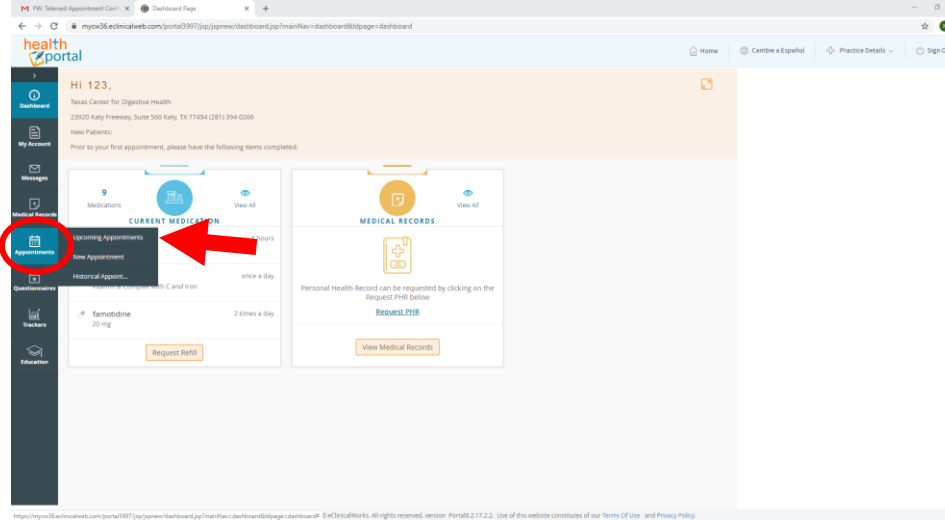


HOW TO ACCESS YOUR TELEMEDICINE VISIT:

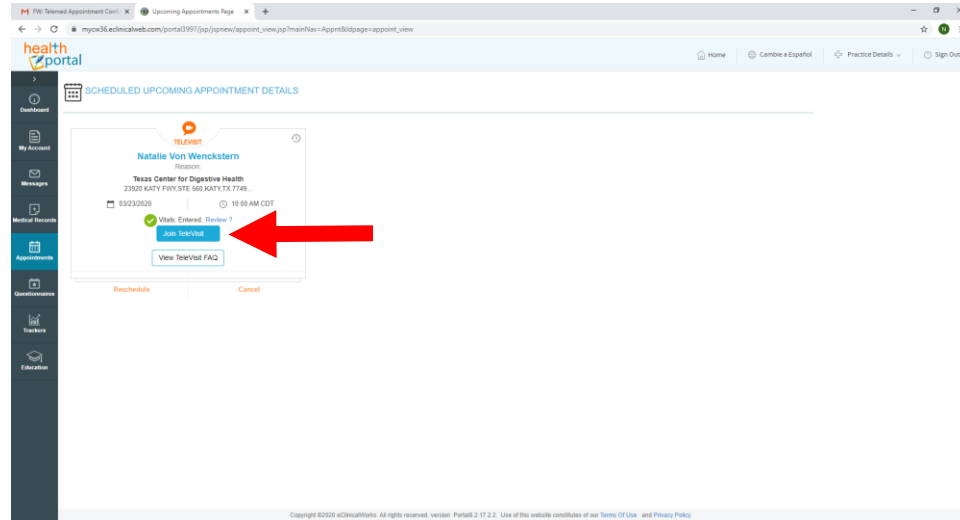
If you have a televisit scheduled, you can access your televisit by 1 of 3 options:

OPTION 1 – Accessing from appointment tab

You can go to the “Appointments” tab and select “Upcoming appointments” (indicated by red arrow).



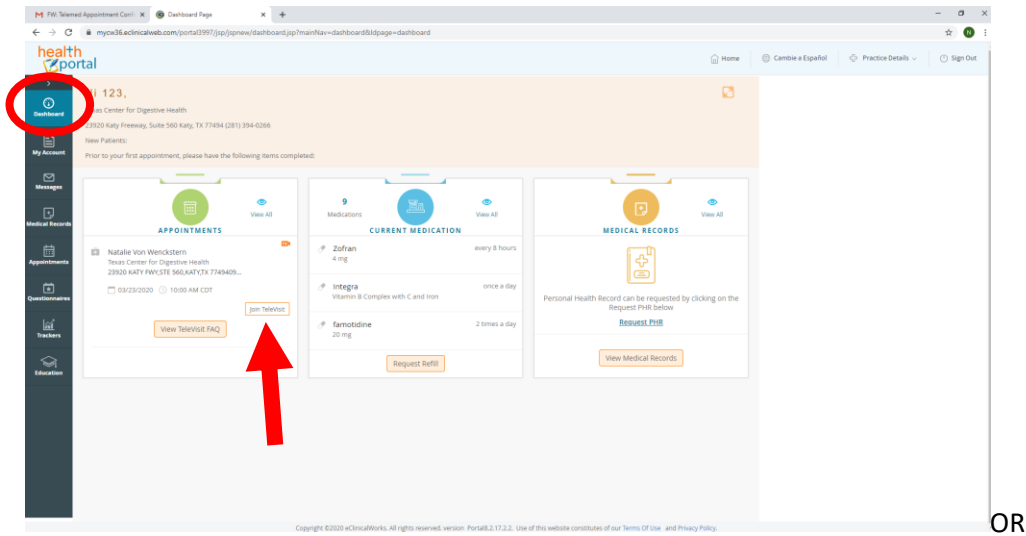
In the next screen, click “Join Televisit” (indicated by red arrow)



OR

OPTION 2 – Accessing from the Dashboard

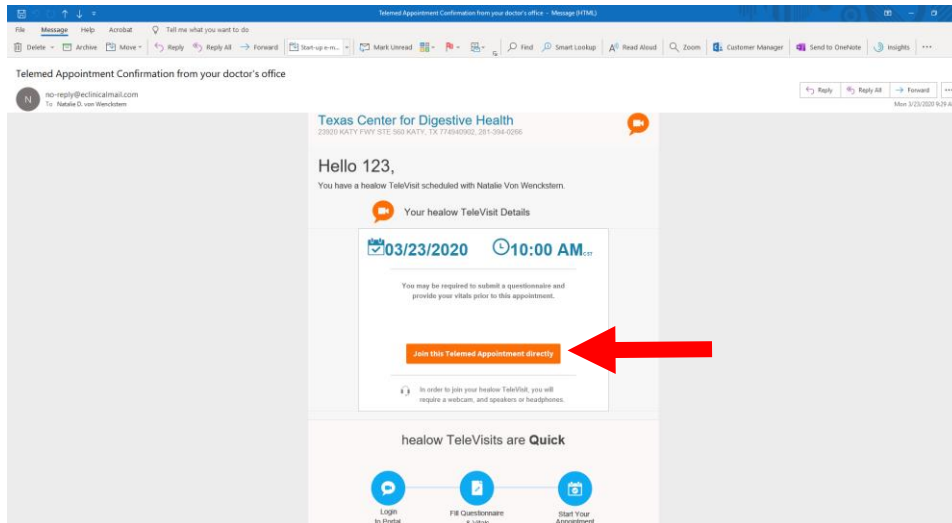
If you already have an upcoming appointment (televisit) within the next 30 minutes you may click “Join Televisit” (indicated by red arrow) from the dashboard (on the “home page”) of the portal



OR

OPTION 3 – Accessing from your e-mail

You will receive an e-mail 30 minutes prior to your appointment and may click “Join this Telemed appointment directly” (as indicated by the red arrow)



Once your visit has started:

- Submit any vital signs you have (It's okay if you don't know all of them) and then click "submit vitals" (as indicated by the red arrow)

Height ft. inches

Weight pounds

Blood Pressure /

Temperature F

Respiratory Rate breaths per minute

Pulse Rate breaths per minute


[Submit Vitals](#)

- In the next screen, your computer will show you the media options available to you. You may review it briefly and click "proceed" (as indicated by the red arrow)

Category	Item	Status	
Computer	Browser	Windows 10.0	✓
	Speaker	Speaker not detected. Please close your browser, verify audio connections and settings, and try again. Check your speakers are working by clicking "Play" below.	✗
	Camera	Camera not detected. Please close your browser, verify video connections and settings, and try again.	✗
	Microphone	Microphone not detected. Please close your browser, verify audio connections and settings, and try again.	✗
Connection	Video Connection	We cannot verify you can broadcast audio/video during your TeleVisit. Please contact your provider's office or click "help" above.	✗
	Bandwidth	Your internet connection does not appear suitable for TeleVisits.	✗

[Proceed](#)

- On the next screen, click "Start TeleVisit" (indicated by red arrow) to begin your visit

 The Vitals have been submitted successfully

[Start TeleVisit](#)

- You will enter the “waiting room” and wait for your provider to start the visit. We will be notified automatically that you are waiting for the visit. Please know that there may be some delays before you start your visit. Even if your appointment time has passed, please be patient and stay in the “waiting room”. If we are having any issues joining your visit we will call you via telephone.

